

Brunch

Overnight Oats Berries,
Seeds, Maple Syrup **5**

Lotus Waffle Lotus Spread,
Lotus Crumb, Ice Cream **6.5**

Cinnamon Waffle
Almond Butter, Cherry Compote, Yoghurt **6.5**

Berry Smoothie Bowl
Berries, Coconut, Banana, Chia Seeds **6.5**

Matcha Smoothie Bowl
Matcha, Coconut, Banana, Kale, Chia Seeds **6.5**

Smashed Avocado
on Toasted Trove Sourdough **5**

Full Breakfast
Sausage, Tofu, Beans, Mushrooms, Avocado, Toast **9**

Lunch

Soup of the Day **4.5**

Reuben Bagel
Peppered Tempeh, Saurkraut, Cheeze, Pickles, Mustard Mayo **5**

1/4lb Cheezeburger
Thousand Island Sauce, Lettuce, Gherkins, Side Salad **7.5**

Sandwich of the Day (see specials board) **5**

Salad Bar **6**

Bowls

Jackfruit & Blackbean Chilli Rice,
Guacamole, Sourcream, Tortillas **7.5**

Cauliflower & Red Lentil Dhaal Rice,
Raita, Roasted Cauliflower **7.5**

Seiten Skewer
Rice, Turmeric Yoghurt, Mint & Radish Salad, Walnuts **7.5**
(add an extra skewer +2.5)

Beetroot Bourguignon Rice,
Pickled Girolles, Kale Crisp, Yoghurt **7.5**

Sweet Potato Falafel Rice,
Spinach, Salsa Verde, Beetroot Hummus, Edamame **7.5**

Small Plates & Sides

Buffalo Cauliflower Wings
Cayenne & Buttermilk Sauce **6**

King Oyster Bao Bun (2)
Hoi Sin Sauce, Spring Onions **5**

Beetroot Hummus & Sourdough Soldiers **4**

Sweet Potato Fries **3**

Cheezy Padron Peppers, Tomato Chutney **5**

Macaroni Cheeze Garlic Panko Crumb **5**

Seiten Skewers (2)
Raita, Pomegranate **6**