

Lunch and Dinner - From 11:30am

Soup of the Day (with Trove Sourdough) **3.4/4.5**

Sandwiches of the Day (on Trove Sourdough) **4/5**

Salad Bar (Choose from our Daily Specials) **5/6**

1/4lb Cheezeburger

Soy Patty, Pretzel Bun, Thousand Island Sauce, Gherkins **5/6**

Mozziserella, Tomato & Pesto Sourdough Toastie **4/5**

Bowls

Dhaal Bowl

Red Lentil Dhaal, Wholegrain Rice, Raita, Crunchy Fried Chickpeas **6/7**

Chilli Bowl

Three Bean Chilli, Wholegrain Rice, Smashed Avo, Tortillas, Cheeze **6/7**

Persian Stew

Slow Cooked Aubergines, Wholegrain Rice, Yoghurt, Shiraz Salad,
Sumac Kale Crisps **6/7**

Falafel Ras En Halout

Warm Falafel, Apricot & Maple Tagine, Brown Rice,
Hummus, Grated Beets **6/7**

Sides

Side Salad (small bowl) **3/4**

Sourdough Soldiers & Hummus **3/4**

Freshly Baked Deserts & Pastries are forever changing –
come inside and see what's on offer

Some of our foods will contain allergens. If you have any dietary requirements,
please inform a member of staff when ordering