

**Breakfast**  
**Served until 11:00am**

Oaty Vanilla Porridge , Stewed Plums, Chia Seeds, Granola Crunch  
**4/5**

Coconut Chia Pudding, Seasonal Berries, Hazelnuts  
**3.5/4.5**

Cinnamon Waffle, Banana, Maple Syrup, Vanilla Yoghurt  
**4.5/5.5**

Breakfast Smoothie Bowl, Berries, Chia Seeds, Flax, Oats, Banana  
**4.5/5.5**

Scrambled Tofu on Toasted Trove Sourdough  
**5/6**

Smashed Avocado on Toasted Trove Sourdough  
**4/5**

Homemade Baked Beans on Toasted Trove Sourdough  
**4/5**

House Sausage Sandwich, Smashed Avocado, Spinach  
**4/5**

The Full Breakfast  
Scrambled Tofu, Soy Sausages, Garlic Mushrooms & Spinach,  
Homemade Beans, Trove Sourdough Toast  
**7/8**

Some of our foods will contain allergens. If you have any dietary requirements,  
please inform a member of staff when ordering



**VERTIGO**  
PLANT BASED EATERY